

APPENDIX B
VERBATIM RESPONSES

What do you believe is your role in the local wellness policy implementation? Other specify

Admin.
Administrator (2)
As food service director I am on the committee
As principal it is my responsibility to ensure compliance
As the foods teacher, I would like to be informed about the nutrition education goals.
Assist employee in charge of wellness committee
Assistant Principal
Board office secretary
Building Rep.
Business office
Cafe manager
Cafeteria director
Cafeteria Manager (4)
Cafeteria manager implements policy
Control over food service issues only
Cook
Cooks
Coordination with health program
Disseminate information to teachers
District supt.-oversee everything
Elem. Principal
Facilitator
Food server
Food service
Food service administrator
Food Service Director (8)
Food Service Manager (2)
Head cook
Health Council Chairman
Help clarify rules/disseminate info, help run NSL Program
I'm cafeteria manager I made up the menu
I am cook at High School & make up menu
I am the director of food services.
I coordinate existing programs.
I facilitated schedule for next year that has P.E. 5x's/week for all students
I fix the meals
I follow nutrition guidelines from state
I have presented our policy to staff & parents
I support it as the principal
Implement the food service nutrition portion

CONTD. What do you believe is your role in the local wellness policy implementation? Other specify

Implementer
Just getting involved
Kitchen Manager
Lunch Program coordinator-team member
Make sure the cafeteria food meets requirements
Menu planner
Monitor, Alert & Track food allergies as well
No Answer (6)
No committee as of yet-just policy from IASB
None assigned yet by Administration
Not sure-make sure nutrition in school meals are followed.
Nurse
Nurse Educator
Nutritional guidelines to student-lunch
Original chair of wellness policy council
Participant
PE
Physical Education
Plan menus & a la carte
Prepare meals that meet requirements.
Principal (9)
Resource
Responsibility showed by principals & nurses
School Admin.
School Administrator
School employee
School lunch bookkeeper/cord.
School Nurse (5)
School principal
School team leader-school nurse
Secretary that typed the committee's policy
Start process & set up policy in writing
Supervise school goal implementation
Supt.
Supt. of schools
To see that it is followed in my building
To see that the policy is in place
Train & teach staff food safety measures.
Was on initial committee
Wellness Chair

**Who is on your local wellness policy team?
Teacher (specify what they teach)**

1 Elementary, 1 Jr. High, 1 High School
2nd grade (2)
3rd
3rd grade
3rd grade/high school nutrition class
3rd, 4th, 5th grades & high school P.E.
4th grade, 2nd grade
5/6 grade self contained
5th/6th Grade
5th grade (4)
5th grade Science
6th grade (2)
6th grade, High school
7th grade
All areas
All subject areas
All subjects
All teachers
Attend nutrition expos
Biology and Physical Education
Certified school nurse
Consumer Science & PE/Health
Elem-H.S. Science-Jr. High Math
Elem classroom, elem PE
Elem.-High School
Elem. grades (all subjects), Special Education
Elem., Jr. High
Elem./P.E. teacher at middle school
Elementary (10)
Elementary & middle grade
Elementary Education, Health/PE, Math
Elementary health
Elementary K-5
Elementary reading
Elementary teacher
Elementary, High school, middle school
Elementary, Jr. High, Home Ec.
Elementary, Upper Elementary
Elementary/Jr. High

**CONTD. Who is on your local wellness policy team?
Teacher (specify what they teach)**

English (2)
English, Coach
FACS, Health, Science, PE
Foods I & II
General Ed./Health/PE
German
Grade 4/Jr. High P.E., Math
Grades 3-4
Gym, Home Economics
Health-Science
Health (28)
Health Ed.
Health Ed., Family & Consumer Science
Health related
Health, Consumer Ed., Physical Ed.
Health, Consumer Ed./Home Ec.
Health, Consumer Science
Health, Consumer Science, PE (2)
Health, PE, consumer science
Health, PE, FACS
Health, PE, Science
Health, Physical Ed., Science
Health, Physical Education (2)
Health/Elem/Science
Health/P.E. & General Elementary
Health/Physical Education
Health/Science
High School Health
Home Ec. (5)
Jr. High Language Arts
K-6
K-8
K-8 grade levels
Kindergarten (3)

**CONTD. Who is on your local wellness policy team?
Teacher (specify what they teach)**

Language Arts
Language Arts, Science
Life Skills
M.S. Science
Math (2)
Media Center Director
Mix K-8
Ms. Buettmeyer
Multiple
No Answer (87)
Nutrition, Social Studies, Special Education
One from every level
One teacher from each grade level
P.E. (23)
P.E. High School-Elem.-Middle School
P.E./Science
PE-Wellness
PE & also foods FCS
PE & Science
PE teacher
PE teachers, music teacher
PE, 6th grade
PE, elementary
PE, Family & Consumer Science, Health
PE, Health, 3rd grade
PE, Health, 5th grade, 2nd grade, Science
PE, Health, FACS
PE, Health, Family Consumer, Science
PE, Health, Special Education
PE, Math, 4th grade, 5th grade
PE, Science
PE/Health (21)
Physical Ed
Physical Ed./Health (5)
Physical Education (6)
Physical Education/Health Ed.
Primary intermediate, Jr. High
Primary, Science, PE

**CONTD. Who is on your local wellness policy team?
Teacher (specify what they teach)**

Reading
Reg. classrooms.
Reps from each building
Reps from primary/intermediate/jr high
Science (6)
Science Health
Science Home Economics
Science resource, all subjects
Science teacher (2)
Science, 4th grade, 2nd grade, P.E.
Science, Lang. Arts, Kindergarten
Science, PE
Science/Elementary/Reading
Self-contained-all subjects
Self-contained-all subjects
Social Studies
Social Studies/P.E./Health
Spanish, English
Special Ed.
Special Ed., 3rd grade, PE, Science/Health
Special Ed., Kdg, Foods, Middle School
Special Education
Special Education, PE, Health
Third & Seventh
Varies
Various faculty members
Various subjects (2)
We are a small staff all 4 teachers used.
Wellness

Who is on your local wellness policy team? Other specify

2 PE teachers, student council advisor/band director
Administrators: Dir. of Communication, Asst Business Manager
AHA director, local hospital wellness director
Asking others at this time
BD approval
Business Manager (5)
Community nurse-health dept.; after school programs rep.
Community Partners-University
Cook
Counselor
Curriculum Coordinator (2)
Curriculum coordinators-health, physical education
Curriculum director
Dean
Dictation
Director Coordinated School Health
Director Human Resources
Director of Business
Director of Outreach-Adm.
Director Pupil Services.
District administrators
District Business manager
District curriculum coordinator wellness
Doctor-Ped.
Food service assistance
Former teachers
Guidance counselor
Head Cook
Health Department PRO members
Health Department Rep. Local Hosp. Dietitian
Health Education from County Health Dept.
Hospital FSD, Director of Healthy Life Styles, Director of Dietetic Internship, Director of local AH
Hospital Rep.
Hospital wellness coordinator, AHA director, ISU internship director
HS Counselor (2)
Janitor-that fill vending machine
Math/Science coordinator
No Answer (3)
One educational support personnel (aide)

CONTD. Who is on your local wellness policy team? Other specify

PE/Health
Pediatrician (3)
Pediatrics
Physical Ed. & Science teacher
Physician
Physician & Dentist
Pre-school director
Principal adopted & modified
Principal, School Legal Officer
PTA member
PTA President
Recreation management professor
Reg. dictation, physician's business office rep.
School Guidance Counselor
School secretary
School/Principal
Social Worker (2)
Staff-child care workers
Student Council Sponsor
Support staff
Therapist
Top leadership in all areas
Union
Union Rep.
We adopted this policy & it was modified by principal.
YMCA community member
YMCA Rep.

For the following items please indicate the degree to which each has been a barrier in developing and implementing a local wellness policy.

Other specify

ARA does not appear to have changed items for sale in snack bar
Change in administrative
Commodity food attractive to Hispanics
Contracts with vendors rules. Food provided by vendors I wouldn't feed to anyone (little nutrition)
Cost of nutritional food & trying to run a balance budget
I know there's a group, but I have no idea what they've done or when they meet.
Lack of administration interest
Lack of a full time Health Teacher
Lack of financial support
Lack of parent cooperation with making changes in food programs.
Lack of parent support
Lack of parental cooperation & involvement
Lack of time makes this a very low priority
Loss of revenues
No answer (12)
Parent acceptance
Parent non-acceptance
Size of school
Time
USDA Commodity beef, ground too high in fat.
Wellness training should be a given for every food service employee in every setting.

If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

\$1,000- to implement healthy choices (chill-refrigeration units)
\$1,000-Health/nutrition education
\$1,000-Stipends for after school or subs for in-school hours. Some professional development for both committee & staff
\$1,000-to pay stipends to individuals on wellness committee
\$1,000
\$1,000 for educational purposes for staff and students
\$1,000 for posters, substitute teacher for classroom teacher and speaker
\$1,000 for training and hiring subs
\$1,000 nutrition education materials
\$1,000 subs or stipend during summer for ?
\$1,000 to pay staff to implement a before or after school walking program.
\$1,000 training for members on team
\$10,000
\$10,000
\$10,000 for purchase of materials & copies to distribute to students & parents; for posters; purchase of more fresh fruits & vegetables to serve students.
\$10,000 for purchase of paper & ink to distribute materials to students & parents. For posters & purchase of more fresh fruits & vegetable to serve students
\$10,000 for student & parent education on wellness & nutrition/more fresh fruits & veg. for lunch/breakfast programs.
\$10,000 nutritional foods to supplement cafeteria food & to purchase equipment such as salad bar, BMI indicators, blood pressure, etc.
\$10,000 paid teacher after school time; sub fee (salary)
\$10,000 to hire an outside vendor to coordinate and monitor the program
\$10,000 training for staff (nutrition) materials to promote health. Time for staff development. Parent programs/community outreach
\$10,000 yearly healthful food/beverage changes; 2,000 training equipment
\$10,000/updated equipment for various suggested options
\$10,000/year. Training for staff
\$100,000 we need training for staff & facility upgrades.
\$1000 for training materials, subs, etc.
\$12,000-3,000 sub coverage for teachers attending training; 1,000 materials/duplication cost; 2,000 development of student driven component (Wellness crew shirts, incentives, food at meetings); 2,000 speakers/consultants for all school a
\$15,000
\$15,000 would be adequate. Most of our work was done using unpaid teacher time and volunteer work.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

\$2,000 for staff & parent training and curriculum purchase & implementation
\$2,000 for training, subs, implementation & analysis of policy
\$2,000 Nutrition posters and standards, programs, speakers, curriculum materials.
\$20,000-Health/Nutrition fairs, field trips, training sessions & follow up at every building.
\$20,000-Parent materials, curriculum assessment material, teacher training
\$20,000-supplement free & reduced students
\$20,000 for meeting stipends and supplies
\$20,000 for stipends for meetings & supplies.
\$20,000 wellness center
\$200-500 ability to attend conferences, training and provide release time to help coordinate activities throughout district. Money for publicity, marketing-getting the message out there!
\$2000-trainings
\$2000 for stipends to get team to work after hours & complete goals.
\$250 per month per classroom for healthy snacks, cooking material, information packets for parents \$10/child per year. (8,000-10,000 per year)
\$2500-sub reimbursement training
\$2500 additional athletics equipment
\$3,000-substitutes for training, \$for funding equipment & supervision of after school programs for non-athletes. \$11,000-reimbursable lunch vending machine
\$3,000
\$3,000 to offer more choices at meals & other school activities-offer fresh fruit and veggie more often.
\$300-500 literature to send to households & a "Health Fair"
\$3000 per year
\$4,500 for substitute fees
\$400,000 would enable us to build our own kitchen in district (currently we have none in the district) We could then control our nutrition and fresh food availability. Until then, we care at the mercy of food prepared off site. It meets
\$45,000 hire a full time food service director
\$5,000-increase school nurse/nutritionist time with students.
\$5,000-most for food products-daily whole grains, daily fresh fruits & vegetables, different flavored milk. Also, posters & handouts to send home to families.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

\$5,000-snacks (healthy) after school program, training of committee members, curriculum materials, stipend for team leader
\$5,000-staff development time (pay for subs)
\$5,000
\$5,000 for teacher & parent education for 10 schools in district #97
\$5,000 for training and purchase a computer for the kitchen.
\$5,000 I feel would be appropriate for stipends and materials
\$5,000 in workshops, training, implementation, etc.
\$5,000 per year-loss of vending revenues (supports student activities, prom, homecoming, etc.) \$1,000 for staff release time to implement policy
\$5,000 staff in-service training, in-service to provide more attractive, tasty food for lunches, restore government support to lunch commodities.
\$5,000 to provide on-going professional development
\$50,000
\$50,000 professional in-service training for classroom teachers & specifically for P.E. & Health teachers. Wellness/Nutrition Education in the classroom program. Nutrition program for all grade levels to involve wellness centers, etc. Scheduled bi-weekly classes; weight height, eating nutritious meals, family involvement, Wellness Nutrition Fair
\$50/month for 10 months. Monies would be used to changed student incentives from "sugar" to school appropriate & nutritious food.
\$500-1,000 each year to bring in programming, and incentives for healthy food initiatives.
\$500-1,000 to implement the snack portion of our CATCH health curriculum
\$500-1000 for educational materials at the middle school level.
\$500-allow appropriate time for staff training.
\$5000 consultants, sub/release time, stipends, conference costs
\$50K-we need to be able to put in salad bar in middle school. We also need dishwasher at an elementary school & more warming oven.
\$6,000 for re-educating children, teachers and parents on the importance of the wellness policy
\$600 (10 sub days)
\$7000 to purchase additional food choices
\$800 subs/summer stipend
\$8000-10,000 for additional equipment, classroom materials (curriculum), informative literature for parents and community
\$900 to train staff & develop the plan.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

1-day training for all teachers (each grade level would have separate days)-8,800 covers substitute teacher costs; Family wellness night-staff costs/snacks/materials for 11 schools-approx 5,500 (500 per school)
1,000-sub reimbursement, materials, professional development
1,000-to help purchase materials for staff to use as they incorporate wellness education into their curriculum.
10,000 to help get better nutrition food/beverage for lunches at this school for the student & staff
1200 per year for training, substitutes and materials.
2,500 money for subs for teachers in program & for training. Money for student incentives besides food 2,500. Money for curriculum revision 1,500. Money for physical fitness equipment 50,000.
3,000
3,000 to purchase exercise equipment-treadmills
3,000 training, sub pay, curriculum dev.
3320 monthly subs for team members; 5000 curriculum materials for classes; 1000 incentives & materials; 1000 speakers for programs and 10320 approx.
A staff person paid to dedicate time to have meetings, attend trainings, monitor progress and provide resources from teachers. Funds to purchase items promoting wellness and incentives for healthy choices.
About 500/month/nutritional handouts or mailings, coloring books, games promoting wellness, taste testing of new foods, rewards for choosing healthy items, new food pyramid magnets.
Additional hours for training & reviewing program needs-equipment for preparation-search for acceptable. Not sure a monitoring amount could be set-product-due to wellness policy product cost...going up-increase in Federal state reimburse
All costs associated with implementation
Any amount would help-\$1,000
Any funding & enhance on resources for physical education classes, social emotional training for staff. PE of development for those who lack knowledge in wellness policy implementation is welcome.
Any money available for extra training
Approximately \$12,000 is needed-funds will be used for professional development for staff; instructional material and substitute services
As far as I know, there is no funding available for assessment/implementation
Buying classroom materials to educate the students. Approx. cost \$2500
Could be quite extensive. In order to have physical education for longer periods of time at the elementary level, additional gym space must be constructed.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

Depends on the level of the program
Difficult to answer-could use funds in a myriad of ways! Promotional items, flyers, curriculum, stipends, release time, support teachers who purchase non-food rewards...maybe \$5 per pupil.
Difficult to calculate-similar to so many other non-funded mandates
Difficult to say, because I am not totally aware of what is permissible.
District absorbed cost of subs as committee worked on policy-procedures-many meetings occurred in the evening.
DNA (3)
Double reimbursements-flat funding for fruits/vegetables and more lean meat.
Ed., training, release time-10,000
Elementary PE teachers-\$250,000
Enough to supplement ADA
Financial incentive is needed & follow-up for administrators to consider with budget costs & no child left behind state goals-there has to be financial gains for implementation.
For personnel to adequately implement, right now all of our staff are over whelmed with everything that needs to be done.
For training for nutrition education modules.
Fresh foods are more costly! Implementation of wellness path is a cost barrier
Funding for promotions during the year for staff & students-\$6,000
Funding for staff training & equipment to hold better food choices. \$5,000
Funding for stipends/extended day not to exceed \$1000 per local school wellness committee(based on 9 member committee) meeting a min. of 3 meetings to assess using school health index & develop action plan.
Funding for sub teachers to allow for release time for staff on wellness committee.
Funding is needed. Amount not known at this time.
Funding to offset higher cost of fresh produce-\$2,000; funding to provide incentives for student success-\$500.
Funding to train food service staff, extra-funding for school nurses to attend conferences, physical education teacher, staff wellness, material for all grade levels. \$10,000-25,000
Funding would be needed if we considered starting up a breakfast program to provide a healthy start in the morning for our students-possibly \$20,000
Funding would ensure implementation
Funds to offset added costs for meal preparation-many items cost more than traditional menu choices.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

Funds to pay substitute staff while meetings are held. New health & nutrition curriculum. Safe & appropriate playground equipment. PE equipment to promote activity for life. More PE teachers & facilities for PE so PE waivers could be eliminated. Funding for workshops. For this entire list a huge amount of money would be required. 12 and half million dollars to build facilities and secure staff and equipment

Funds to support the annual evaluation and revision of policy to pay stipends to staff for work outside of the school day.

Good question-have no idea at this point

Great speaker-\$3,000 total

Have a health teacher

Haven't had time to calculate this yet

Health, nutrition curriculum resource-1,000/school

Healthier foods cost more.

I'm not sure

I am really not sure.

I believe the DOD should be increased and should take breakfast into consideration when allotting funds.

I do not know exact money but the team would like to see more in PE and this would cost millions.

I have no idea (3)

I have no idea how much a program would cost. Any educational programs are welcome.

I have not familiar in detail with policy and do not have a food service, so I cannot make an intelligent guess.

I would like money to be available for P.E. and sports to promote physical activity.

Money should not be allocated for administrative purposes to create more paper trails-we won't read them.

I would not know

Ideas may come later as wellness policy team is formed

In our district we lack "people power" we all do as much as humanly possible.

Approximately \$5,000 would allow us to pay as salary or stipend for additional personnel.

Increase in Free/Red/Paid Federal funding if paying students are increased we lose participation & our jobs. Grant money made available to all districts who are trying to meet goals. It is hard to find time to train staff & have them monitor the goals due to MPLH.

Individuals to assist with in-service/institute/staff meetings to communicate information/trends/updates.

Making media packages & paying nutritionist & such to help implement it in our school. \$500 per year.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

Marketing for students

Minimal funds to cover time & incentive for none school. Personnel to come. This is just more things we have to do with no guarantee of any results for the time.

Minimum of \$1-2000 for purchase of promotional items, stipends, in the national brochures, etc.

Money for more playground supervision & more PE teachers. Money for substitutes for meetings during the day of school teams. Money for additional PE curriculum/equipment for fitness.

Money is needed for workshops & materials & food.

Money is needed to fund healthy options such as whole grain breads bakery goods and a variety of fresh fruit daily.

Money needed for planning meetings & evaluation \$100 per person per day times 20 members

Money of technical training for all employees \$2,000 or so.

Money to purchase additional nutrition education materials for students train teachers.

Money would be used to sponsor staff training & family wellness activities.

Money would be used to train staff, students and parents.

Monies for education resource for in classroom & cafeterias, equipment for playground-jump ropes, hula hoops, balls, etc. pedometer. other activities suggested.

More nutrition food costs more!

My opinion is that it would be needed. I have no idea as to the amount.

N/A (2)

Need for training is our biggest barrier. Time cost money. There is also a fear if we do not give the students the types of meals that they like then our cafeteria will no longer operate in the black. So education is imperative for both

Need money for more staff

Need money to provide healthy choice options at meals (fruits, vegetables) Not sure of the cost.

New fitness equipment, \$1,000

No idea, don't have time to do this

Not an issue at this time

Not an issue in our district

Not assessed

Not my area of expertise-the higher ups would decide this.

Not sure

Not sure about amount of money used for older children-6-12 would be a priority.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

Not sure I have never implemented these initiatives
Not sure if policy will even be implemented
Not sure of the amount at this time.
Not sure, but it would help to be able to pay a wellness coordinator \$5,000/year
Not to implement but to reimburse at the school level from vending sales.
One more unfunded mandate. \$10 per student
OT training staff & promotional materials-\$20,000. Parent community training/workshops \$10,000. Health screenings/BMI's of all middle school students \$10,000-\$20,000.
Our lunch program is awesome now, need more money to purchase high dollar fresh fruits & veggies. Advertisement internally is extremely.
Our school district has no additional finances to develop these policies. Part-time coordinator (salaries & benefits 5,000), 2,000 instructional materials, professional development training 2,000, 1,000 community training=10,000
Parental training initiatives, salad bar equipment
Personnel to run physical activity programs before, during and after school. Printing costs, mailing costs.
Physical Fitness component-\$25,000
Promotion/advertising (posters, flyers, etc.) sample day to let students try healthy foods.
Salary for supervisor of program. \$40,000
Put money toward something more worthwhile-like edu. funding reforms.
Release subs-600, stipends-750, Curric. materials-5,000, Presenters-400
Release time for team-sub reimbursement
Resource information for parents
Send newsletters home \$100; substitute reimbursement for teachers to attend nutrition conferences \$600; money to pay for better nutrition food (replace white bread with whole wheat) \$500
Software for nutritional purposes-1630. Received mini grant last week on 5/1
Staff development
Staff development and teach materials
Staff development on implementation. Release time for team. Assessment/evaluation of program development.
Staff time reimbursement, marketing/training materials.
Staff training; Parent/Community Education; Curriculum enhancement
Stuff in-service
Sub pay-\$1000. Materials-\$500. Speakers-\$500.
Sub pay, purchasing resources for education of wellness material (nutrition).
Sufficient to cover costs associated with staff training, release time and stipends.
Text books, heart monitors, pedometers, other fitness equipment, field trip, resource material

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

The amount needed is around \$5,000. This will pay for instructor, supplies, material & snacks for the children.

The amount of money 20,000 it would be used for a better menu & snacks for the staff & students.

The elementary needs to hire an elementary teacher as well as purchase more healthy fruits, vegetables. Approximately \$50,000-60,000

The money would be used for professional development training & subs \$2,000

This is just another unfunded mandate. There are more important needs for funding.

To pay staff & committee to attend meetings after work day over.

Training & technical assistance-\$3,000, released time & subs-\$2,000 salary of a wellness coordinator-\$20,000 for .5FTE

Training for appropriate staff, \$5000 max

Training for teachers & staff. Presentations/programs for students

Training in Nutrition Education \$10,000

Unclear

Unknown amount for increased staff

Unsure at this time

Unsure of a viable budget

Unsure of amount needed, but money would be used for speakers, presentations & healthy rewards.

Unsure of question

We are raising our lunch price next year due to cost of 1% milk & whole grains in foods.

We could use \$1,000 more from D.O.D. for fresh fruits & veg. we now get \$1,800 for the year & run out of funds in Feb.

We could use money for substitute cost for our policy team & training cost. \$10,000 would be helpful in getting results.

We could use money to help purchase nutrition curriculum.

We need so much money for so many other things more directly related to education I am afraid to indicate a need here.

We will need to pay stipends to stay, to meet & develop programs

We would like to implement a model program similar to Natural Ovens in Appleton's alternative high school to improve learning and behavior through adequate nutrition.

We would like to implement some classroom nutrition education from an organization

We would need \$30,000 a year to help implement the programs and to have staff available.

CONTD. If funding is needed to implement local wellness policy initiatives, please indicate the amount of money you feel would be needed and how the money would be used.

We would need additional monies to help purchase fresh fruit & veggies \$10,000 yearly if we are to continue to provide good nutrition and not rely on a la carte "healthy junk" so much.

We would need enough money to hire a registered dietician as the director of the program, resource person part-time for each building. Instructional materials, incentives, workshops. Approx. \$100,000 start up. To develop a policy is one

Whatever the amount it would take to get the cafeteria personnel the training & the computer program needed to help them plan meals, order food, create recipes, etc.

Yes and training for student, faculty, parents, money for materials, equipment, incentives

From which of the following organizations do you use local wellness policy resources? Other specify

Adopted CPS
Another school
Aramark is our food service provider & takes care of it.
Attended conference
CATCH
Chart wells
Chicago Bears Staley Da Bear Fitness Challenge
Clinton Foundation
Co-op support
Combination of several things
Consultant
CPS (2)
Dairy council
Different schools Food service
Diocesan Education office
Diocesan office
Diocesan office
Diocese of Joliet
Diocese of Peoria
Diocese of Rockford
District guidelines
Dole 5 a day
Don't know (2)
Food Service
Fox River Foods
Health department
Healthy Schools Campaign
I do not know
IASB (8)
IASB Policy
IASN/NASN
IL Assoc of School Boards
IL School Board Assoc.
Ill. Association of School Board (IASBO)

CONTD. From which of the following organizations do you use local wellness policy resources? Other specify

ILL. coalition of non-public schools
Illinois Association of School Boards (2)
Insurance pools
Internet
IPA
Kendall County Cooperative Extension Service
Knox County Health Dept.
Local Health Dept.
Local hospitals
Local nutritionist & dentist
Local Regional Office of Education
Los Angeles, NYC, etc.
Lutheran school office
Maybe others
Mypyramid.gov
NANDA, Healthy schools campaign
NASN
National Association Sport & Physical Education. Dietary Guidelines American.
No answer
None
Other business managers
Other school districts (2)
Other trained cooks & health department
Personal/professional materials
Preferred meals (2)
ROE (2)
Seven Generations
SO ILL Healthcare
Southern Illinois Health care
The health teacher attended a workshop from her professional organization.
U of I Extension
U of I Extension newsletters
University of Illinois Extension-Bureau Co.
University of Illinois Extension Services
Unknown-the committee's work is not made public.
Unknown

How would you like to receive on-going local wellness policy information, opportunities and resources? Other specify

A full time Health Teacher

Any and all

Companies to showcase vending machines.

DVD of healthful food because options;DVD of hand washing; DVD on storage

Information sent to Superintendent

ISBE

None

Presenters for staff training

Providing more information of new products from vendor

Regional conferences

ROE

Samples of foods

Statewide software programs provided.

Through district food service supervisor

Training program

Use of consultant

Workshop

Which one of the following types of training sessions would you choose to attend? Other specify

4 hours local/area session

Any would be helpful

Decided by my district

DVD of healthful food because options;DVD of hand washing; DVD on storage

Full day regional training at no cost and grant money for district cost salary and transportation Not during a school day

Half day training with several schools in area attending

Print matter

Providing more information of new products from vendor

Samples of foods

Session at regional institute

We have trained- but if convenient and if topics are beneficial would attend more

Workshop

Think specifically about the training and resources the local wellness policy team or school staff may need in order to develop, implement and evaluate a local wellness policy. Please rate the need for each of the following.

Policy Development and Implementation Other specify

Accountability strategies

Arabic

Dietician

Financial support for continual use of our consultant

Materials/resources in Chinese

No Answer (24)

Polish language material for parents

Reward suggestions for student achievement in practicing health habits.

Spanish materials for students

Training materials/resources for parents in Polish

Please indicate your title: Teacher (specify subject)

4th
5th Science
Computers (7-8)
Consumer Science-Foods Classes
FACS (Family & Consumer Science)
Grades 7th and 8th
Health (5)
Health, Physical Ed.
Health/PE
I teach Health and am the wellness coordinator
Kindergarten
No answer (3)
PE (8)
PE/Health (5)
Science (Nutrition Team Coordinator)
Science Lead Teacher
Wellness

Please indicate your title: Other (specify)

A.P.
Admin (5)
Administration (3)
Administrative
Administrator (15)
Assistant Principal (4)
Assistant Program Director
Asst Business Manager
Asst. Business
Asst. Superintendent
Ast. Superintendent/Food service director
Business director
Business Manager (13)
Business Office Manager
Cafeteria Manager (3)
Campus Administrator
Cook (2)
Cooks
Curriculum Coordinator
Curriculum Director (2)
Dean of students
Dean of students/school counselor
Dept. Admin
Dir. of ?
Director-Human Resources
Director (2)
Director of Business (2)
Director of Food Services
Director of Logistics, Director of Coordinated School Health
Director of Outreach #348-Adm.
Director of Personnel & Director of Finance
Director of Student Services
Director/Principal
District Administrator Student Services
District Curriculum Coordinator wellness science & career education
F.S.D.
Financial assistant
Food & Nutrition Director
Food coordinator for district

CONTD. Please indicate your title: Other (specify)

Food Service
Food Service Director (5)
Food Service Manager (2)
Food service worker/director and board secretary
H.S. Manager Food Service
H.S. Principal
Head Teacher/Administrator
Health care provider
Health services lead
High School Principal
Hot lunch director
Kitchen supervisor
Lunchroom manager (3)
Math & Science coordinator
Meal preparer
No Answer (19)
P.E Teacher and Dean of Students
Principal (55)
Principal and food service director (2)
Principal and nurse
Project Director/Administration
Resource specialist
School Nurse & Teacher
School secretary
School/district nurse and food service dir/worker
Science curriculum coordinator, wellness council chair.
SFA
Social worker
Superintendent (8)
Superintendent and food service worker (2)
Superintendent and principal (4)
Superintendent and principal and food service worker
Superintendent (8)
Superintendent and food service worker (2)
Superintendent and principal (4)
Superintendent and principal and food service worker
Superintendent/principal/food service director
Superintendent/principal/teacher of 5-8th
Teacher & Administrator

Offer additional comments which further identify training and resource needs your team may have.

1st year as food service director-would like more info to take basic wellness policy further.

All students are severe profound disabled-feeding issues are predetermined.

Although we have a wellness policy intact-you can never be sure there is not room for improvement!

Another unfunded mandate the school does not have time to address.

Assistance with reaching the parents for support & utilizing what was taught at home.

Need education for healthy "cheap" foods for families.

Cultural sensitivity to the dietary habits of our Hispanic students. Materials in Spanish, written in simple terms that can be read by migrant parents who have trouble even reading Spanish (comic books maybe?). Hispanic commodity foods-mangus, tamerids, guava drinks, paletas instead of ice cream bars, hot sauces, salsa verde, serano peppers, corn tortias.

Filled out by principal & food service director-2 individuals

Focus training for physical education and science classes.

Formal training for all staff.

Funding

Give schools more playground equipment-jump ropes, balls, bats, etc.

Good policy-good ideas but sad censor everything all the time. Parents need to do some of this. Christmas, no candy canes, Valentines/Halloween?

Government commodities can only be received in huge lots-it would help if we could receive partial lots.

How do we compensate the wellness policy leader for their time? Is there grant money available for that?

How to do paper work-Principal does not want to implement-can not get teachers involvement.

I'm not sure if I answered the right way all I do is cook by the guidelines.

I believe that local wellness policies are a very good idea. However, state-mandated requirements are the wrong approach. Grant-based programs are more appropriate.

Schools can not & should not be expected to take over every aspect of life. If the public feels it is important, local school boards will react.

I believe the biggest issue here is the disconnect between the state's goals on this & the local public opinion. Our local constituents just are not buying the idea.

I believe this should be directed to a Superintendent or Principal to decide & implement or a least organize. Not school food.

I didn't do the wellness plan so I had trouble filling this out.

I don't personally have the time to deal with this and there is not money to hire someone else to do it.

CONTD. Offer additional comments which further identify training and resource needs your team may have.

I honestly do not know what has been implemented throughout the classrooms. I do know that we do follow guidelines in the cafeteria.

I just don't know how to go about getting a policy started. Is there a workshop available?

I think have government control wellness in American schools is an embarrassment to our society.

I would like more information on what the next step is after the policy is in place.

Implementing new ideas (fresh fruit, etc. & wellness paths) will cost above our resources.

Implementing our policy has been interesting, educational and fun!

Implementing this policy is like implementing all policies. No additional training necessary except to describe the requirements.

It has been very difficult to drive this program at limited resources & participation from administrators. No child left behind & test scores are the only focus. As a school nurse with 3 schools & 1,700 students & special needs. You tell me how well can I do these important tasks!

Lack of time, staff, support & priority level for district employees & administrators make this difficult to address.

Living in a small community, there are not many activities for students to do after school.

Many go home, eat/play video games.

Most of this is pretty logical information.

My district has reduced over \$1,000,000 to get off financial watch list. Tired of mandated programs without financial support & lack of full state funding for education.

Need administration to get more involved.

Nothing specific, I think at this point, what we really could benefit from is an overall-total ?. Intro program/guidelines to more appropriate nutrition, health & wellness.

One of the barriers to composing & implementing wellness policies is the time spent completing questionnaires like this. In our district, students have daily PE & health classes that emphasize good nutrition. Students eat a maximum of 5 nutritiously balanced meals per week in our district. They eat at least 16 meals at home. That's where wellness needs to be emphasized.

Our cafeteria needs help/training. They did stop selling french fries but they still use ice burg lettuce for salads & don't offer a salad bar even on the secondary level.

Our district has accomplished much in this arena. Major need is for ongoing information.

Our parents & staff have indicated a desire for posters to illustrate the consequences of both good & bad nutrition & a DVD on hand washing/sanitizer use.

CONTD. Offer additional comments which further identify training and resource needs your team may have.

Poster-pictures to hang in eating area-smaller ones we eat in our gym, don't have much room to display

Schools need funding to implement policy & provide taste tests, educational material, speakers to staff, students & parents.

SD 194 is in the process of implementing a wellness policy that will have more involvement with other staff members. Education is needed for all members.

Small schools have limited staff to sit on to many committees.

Thank you for your help! DVD training and students lessons would be very helpful.

The "other activities" strike me as fluff. Schools just need to have basic materials and guidelines to institute this.

The district has not shared the new wellness policy plan with the rest of the staff and the Director mandated who would serve on our committee.

There is very little time to devote to this policy.

This has been talked about a lot & schools are already supposed to have them in place, it surprises me that even more training should be needed.

This is a waste of time, no one follows wellness rules, but the kitchen.

This survey is not entirely to us. We are an agency offering educational services to children who are in the severe/profound range of disability-many who are wheelchair bound & tube fed. The amount of students who receive lunch is very minimal, but they do receive a balanced meal.

Time and money

Training for cafeteria personnel. How to order the right foods, how to prepare the food, help with all their paper work responsibilities. Is there a software program available?

What's working? Asst. Principal, not principal attended training

Training on suggestions for before and/or after school programs for non-athletes and how to fund them.

Training to help other cultures prepare healthy food at home, especially the Hispanic population.

Unless you can offer more state money get over this! Schools don't make fat kids.

We are already doing a lot of this-reason for 1's and 2's.

We can/we have worked on this. I can give a healthy lunch, but they are going home at night and eating junk food, TV, etc.

We do not have a meal program-we do use the milk program.

We don't offer a food service program-we purchase lunches for eligible students through our leased pre-school program. They monitor nutrition requirements.

We have a well-developed Physical Education and Health curriculum just not so much with the food service.

We have adopted a policy but need more information on how to adapt it to our situations.

CONTD. Offer additional comments which further identify training and resource needs your team may have.

We have an educated staff. We need money for implementary community education and samples of acceptable menus. We have too much conflicting information going to the cooks.

We have implemented a wellness day for staff which incorporated on INET presentation- a healthy food demonstration, the local fitness center participation, and hospital support with doctors and risk testing.

We need time & money to implement just like with all the other unfunded mandates & regulations that get thrown on us each year.

We really aren't sure of the wellness program. We could and would do the things we need to do for this program.

We would really like to be able to offer parent education via the school newsletter. We would like to use a program which costs \$200. Methods of funding this portion of our wellness program are being explored.

Wellness policy has been adopted. There is an ongoing need for current information on promoting health & wellness, good nutrition, physical activity & disease prevention.

Why is student wellness the job of school? School is taking all of the "heat" for student obesity. The student birthday treats that may come 25 days of the school year pale in poor nutritional comparison to the lunches parents pack for students. Between the lunchables, chips, cookies, etc. that parents pack, our school lunch looks very nutritious! Schools need to stop being the scape goat for every one of societals ills! Kids should be able to have a treat reward then at school